**Mapping out student satisfaction at school**

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**Background information:**

Describe yourself with 2-3 words

**Wellbeing:**

* Describe your experience at school

 (Often satisfied \_\_\_\_ Sometimes satisfied \_\_\_ Not sure\_\_\_seldom satisfied \_\_\_ Unsatisfied)

* What contributes your well-being at school? Name 2-3 specific factors!
* Are you involved in student council / Amnesty International or…?
* What would you like to have done differently here at school?

**Motivation:**

* Why did you choose \_\_\_\_\_\_\_\_\_\_\_\_\_? (referring to choice of course)
* What motivates you to do schoolwork? Name 2-3 specific factors!
* What does counteract your motivation concerning school? Name 2-3 specific factors!
* What do you do during periods when you experience low motivation?

**Stress:**

* How often do you experience negative stress?
* What causes you to experience stress? Name 2-3 specific factors!
* Are there any adults you can talk to if you are in need?

**Sense of belonging:**

* How would you describe your class?
* Is there someone you can hang out with from your class?
* What do you think is important for being able to experience sense of belonging at school?